

September 2025

Hello Friends,

As most of you know, the goal of Exceeding Expectations is not to develop world class athletes. Rather, we use athletics as a vehicle to accomplish our primary goal: *To provide our kids with the opportunity to get a good education which will help them improve their lives and the lives of their families.*

Participating in sports teaches lessons such as goal setting, teamwork, using errors as an opportunity to improve, and humility, all of which can be applied throughout life as well as on the field of play.



As our kids participate in sports, we expect each of them to set challenging goals. With each goal set and achieved, they build confidence and a better understanding of what they are able to accomplish, in life as well as sports, if they consistently work to be the best they can be.

Over the summer, the EE kids did two open-water triathlons in San Diego, running races in Crestline and San Bernardino, and have trained for the upcoming Palm Springs Tram Road Challenge. Enjoy these photos of the kids in action.

Perfect triathlon training conditions at Lake Perris, CA.
First, a safety briefing. “Job #1: Do not drown!”





Transition practice



“Trailer Craig” leads bike practice



The San Diego triathlon called for a pre-dawn trek to the swim start.
Ricardo, Ahris, Coach Cherie and Richard



Jose, Kevin, Aramiz, Ahris and Ricardo



Yoselin is 100% ready.



Nervous coach watching after the flock.
“Remember: Do not drown!”



Ricardo out of the water



Jose



Kevin getting a low five from Archi



Jose



Lalo



Ahris running past the USS Midway aircraft carrier



Ahris and Richard at the finish





You should have seen the look on the big guy's face when he found Christian (left) and Nathan (right) less than twenty feet behind at the finish of the 5K.



We're so proud of long-time EE team member Enrique Alvarez joining the San Bernardino Sheriff's Dept. The cadets in his class organized a running race and Enrique was the hero of the event for bringing the largest number of athletes (i.e., nearly all of EE!).



Needless to say, the kids dominated at the finish line.

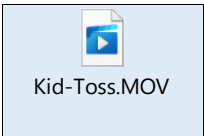


We had a great day at the Crestline 5k/10K up near Lake Arrowhead, CA.





After the race, it was into the lake for boating and swimming.
The most fun of the day? Double-click on this:



And, not fer nothin'...
Johana Alvarez is a proud new member of the U.S. Army.



And Yoselin was recruited by Cal State San Bernardino track team.
Here is the school's official picture of their newest star:



A splendid time was had by all!

